

*You are cordially invited to attend
ECK Worship Services:*

May 13 - Turning Obstacles into Opportunities for Spiritual Growth

June 10 - Dreams: A Source of Truth

July 8 - Basic Spiritual Principles: Gratitude and Self-Responsibility

August 12 - Understanding the Spiritual Purposes of Dreams



**ECK is the Holy Spirit, the essence of God,
which connects us with the heart of God.**

ECKANKAR's goal is to help you find more spiritual freedom. You can do this through personal experience with the Light and Sound of God. ECKANKAR teaches that we can have this experience through simple spiritual exercises. Members of ECKANKAR come from many religious and social backgrounds, yet they share common goals: To know themselves as Soul and to serve God. What does this mean? It means to have an unlimited view of yourself and others as immortal, spiritual beings. It also means being true to yourself and living in harmony with all life.

Location: Acu-Health Center

100 West Camden Avenue

Moorestown, NJ 08057

Time: 11:00 am

Dates: May 13, June 10, July 8, August 12

For more info, call **1-800-870-9139** or visit **<http://www.eckankar-ni.org>**